

Hon. Shri. Annasaheb Dange ACS College, Hatkanangale
Activity Report (2021-2022)

Name of the Activity with Date	Stress Management For Local Villagers 11 Dec.2021
Organizing Committee	National Service Scheme 2021-2022
Aims and objectives of Activity	<ol style="list-style-type: none"> 1. To understand how stress works 2. To provide stress management education and awareness 3. To Identify the causes of unwanted stress
Resource Person (Desig. & Office)	Mrs. Pramila Surve HOD & Asst. Professor, Department of Psychology, Smt. Akkatai Ramgonda Patil Kannya College, Ichalkaranji
Target Group & Participant Number	BA I,II,III BCom I,II,III Total Students- 61
Brief Report (4 to5 lines in English only)	On 11 December 2021 National Service Scheme organized training program on Stress Management . Mrs. Sunita Telsinge, (Program Officer, NSS) introduced the program. Mrs. Pramila Surve provided guidance on stress management through ppt. Dr. Mohan Sawant delivered the Presidential Address. Amol Mahajan expressed vote of thanks. Total 61 students and villagers participated in this program.
Supporting Documents	<ol style="list-style-type: none"> 1. Student Attendance Chart/Register (duly signed) 2. Photographs
Geotagged Photographs (1 or 2 only)	<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p>Guest: Mrs. Pramila Surve</p> </div> <div style="text-align: center;">  <p>Participants in the program</p> </div> </div>
Name & Sign of the Report writer / Convener	 Mrs. Sunita Shrirang Telsinge National Service Scheme, Program Officer

